

Cowley College Golden Tigers Newsletter

HAPPY NEW YEAR!

Our spring semester has arrived! I'm so glad you are joining us for it. I am excited for this line-up of classes and adventures. Some of these day trips have been on my radar for a while so I am looking forward to finally getting to take them.

For the first time since I've been coordinator, we'll be having a spring luncheon to wrap up the semester, and I am already dreaming about it. Be sure to check out page 3 for all the details. I hope you'll come join me for it!

Finally, if you don't see your favorite class from a past semester, don't worry. It might not be available this semester, but it might make a come back in future semesters.

See you soon!

- Micah M. Fry

Contents

Golden Tigers 101 • Pg 2

Don't Miss Out Info • Pg 3

Day Trips • Pg 4

Ark City Classes • Pg 5

Sumner Co Classes • Pg 10

The Cowley College Golden Tigers is an educational program offered to community members who are at least 50 years of age. Through classes, day trips, and workshops, it seeks to provide opportunities that promote the social, intellectual, mental, spiritual, and physical health of its members.



WEATHER CANCELLATION

New this spring, we have a dedicated weather phone line! If the weather is looking concerning, call 620-441-5200 to find out if classes are canceled before you venture out. The weather line will be updated by 8AM or as weather changes. Remember, the rule of thumb is that if Cowley College cancels classes, Golden Tigers programming is canceled. Please check before going out in bad weather.

The dedicated weather phone line for class cancellation is 620-441-5200.



REFUND POLICY

CLASSES: Refunds are not given if you are unable to attend class. However, you may transfer to another class if space is available.

TRIPS: Refunds for trips are given only for family emergency, illness, or death in the family. A substitute in your place is greatly appreciated if possible.

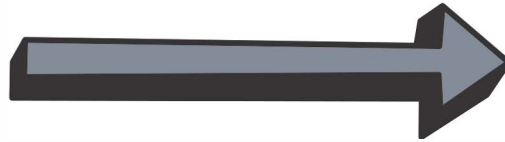


COVID-19

Regarding masks, social distancing, and other precautions, the Golden Tigers will defer to the protocol and policies in place at the location of the activity.

SAVE THE DATES & TIMES FOR SPRING ENROLLMENT

ARK CITY **TUESDAY**
JANUARY 17TH
2-4 PM



IN THE BROWN CENTER WRIGHT ROOM



THURSDAY **WELLINGTON**
JANUARY 19TH
11AM-1 PM



IN THE SHORT CENTER COMMUNITY ROOM

ENROLLMENT

If you are unable to attend either enrollment, you may enroll anytime beginning Friday, January 20th, by contacting Micah via the information listed below. Classes and trips are on a first-come, first-serve basis, and spots cannot be held.

Fees for classes and trips are paid at the time of enrollment. There is a one-time \$5 semester registration fee, and each class is \$5. Some classes have additional costs or supplies needed. Please refer to the class schedule for details.

In an effort to continue to improve the enrollment process, enrollment events may look a little different so please pay careful attention to signage and come with an open mind.

If you have a new address or phone number, be sure to update it with us on your enrollment form.

You're invited to the



Golden Tigers Spring Picnic

Celebrate the end of the spring semester with a Golden Tigers luncheon. Enjoy a catered lunch, time to visit with other Golden Tigers, and a performance from the Dynamic Duo: Mark Flickinger will be creating a painting while Stephen Butler performs on the keyboard. You won't want to miss this one-of-a-kind experience!

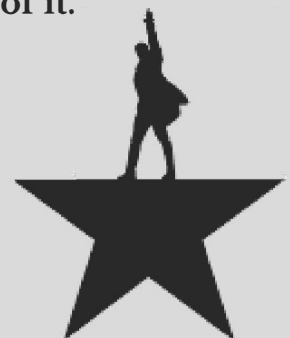
The Spring Picnic will take place Wednesday, April 26th, from 11:30am-1:00pm in the Wright Room of the Cowley College Brown Center in Ark City. The cost of \$10 will cover your lunch. Sign up at enrollment to reserve your spot.

Broadway in Wichita: Hamilton

The traveling Broadway performance of Hamilton will be in Wichita June 6th-18th. Group tickets are expected to be available in late February-early March. While we do not currently know any details, this is an exciting show so we will be planning to make a special summer trip series out of it.

If you are interested in potentially going to see Hamilton this summer, please indicate your interest on the sign up sheet at enrollment.

Signing up will not bind you to going, but rather it will sign you up to receive more information once tickets are available and the trip is planned.



If you can't make it to enrollment, be sure to let Micah know if you'd like to receive more information about this trip when the time comes as another mass mailing will not be sent out when this trip is planned. Now is the time to indicate your interest.

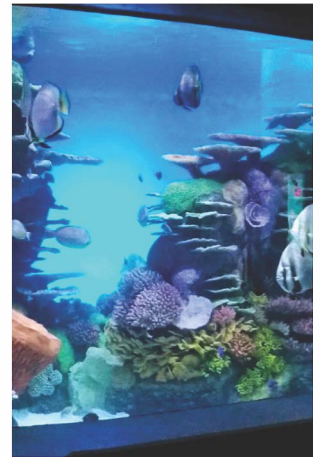
Please note: There will not be a summer newsletter in May this year. The next Golden Tigers newsletter will be sent out in early August.

DAY TRIPS

Trip 1: Under the Sea

Tuesday, February 7th in Jenks, OK

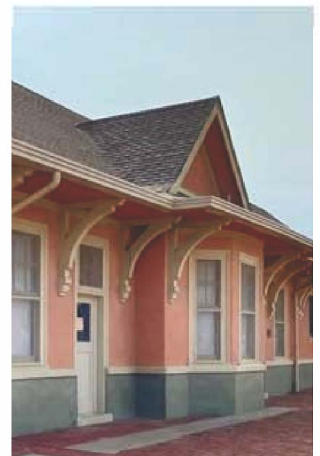
Did you know more than 70% of the Earth's surface is covered by water? The Oklahoma Aquarium in Jenks, a suburb of Tulsa, is known best for supporting the conservation of these water areas through interactive discover, and interactive discover is exactly what we'll get to when we visit! With exhibits ranging from "Aquatic Oklahoma" to the "Polynesian Reef," there are many breathtaking creatures to see. If you're brave enough, you can even touch some of those creatures at the touch tank including horseshoe crabs, pencil urchins, and more. We'll have a guided tour and time to explore freely. The aquarium is home to the world's largest collection of bull sharks, and Golden Tigers will have the opportunity to participate in a turtle feeding while we are there. This trip will leave at approximately 8:30am and return to Cowley College around 8:00pm. Lunch is included, and the cost is \$40.



Trip 2: All Aboard Concordia!

Thursday, March 9th in Concordia, KS

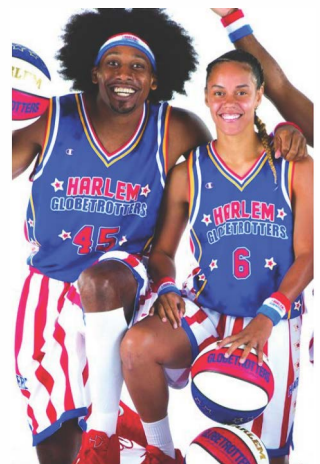
From 1854-1929, the Orphan Train Movement transported orphaned and abandoned children from the East Coast to the 48 continental states. This trip to Concordia will take us to the National Orphan Train Complex to learn the history of this movement. It is estimated that 1 in 25 people know an orphan train rider. Cloud County has a rich history though so in addition to learning about this fascinating piece of US history, we'll also tour the restored Brown Grand Opera House Theatre and visit the Nazareth Motherhouse. This gorgeous five story brick convent is the home of the Sisters of St. Joseph of Concordia, KS. It will be a day filled with vibrant history and magnificent architecture. This trip will depart at 7am and return to Cowley College around 6:30pm. The cost of the trip is \$40, and our catered lunch is included.



Trip 3: Harlem Globetrotters

Sunday, April 2nd in Wichita, KS

The Harlem Globetrotters are bringing their 2023 World Tour to Wichita, KS, and the Golden Tigers are going! Known best for their amazing basketball skills, outrageous athleticism, and laugh-inducing antics, the Harlem Globetrotters are an iconic team synonymous with family entertainment. The game will be jam-packed with their signature fan interactions and incredible ball handling wizardry. After an afternoon of fun and laughter with the Harlem Globetrotters, we'll have dinner out on the town before returning to the college. We'll plan to leave around 12:45pm and return to Cowley College around 8:15pm. Dinner is included, and the cost of the trip is \$60.



ARK CITY CLASSES

HEALTH & WELLNESS

Aerobics

This energetic and upbeat class is sure to get your body moving. It's fun and relatively easy with a mix of '50s to today's music hits that combine dancing, cardio, and light weights for a great total body workout.

Term	Days	Dates	Time	# Sessions	Location	Instructor
Feb.	T/Th	2/2-2/28	1:00-1:45p	8	Brown Center 203	R. Hettenbach
Mar.	T/Th	3/2-3/30	1:00-1:45p	8*	Brown Center 203	R. Hettenbach
Apr.	T/Th	4/4-4/27	1:00-1:45p	8	Brown Center 203	R. Hettenbach

* No class 3/16 for Spring Break

Aqua Fun

Aqua Fun is made up of series of specially designed exercises that can help increase joint flexibility and improve mobility. Please note: participants will be allowed into the building at 9:25 a.m., must exit the pool at 10:30 a.m., and are asked to exit the building no later than 10:45 a.m. You may be sharing the locker room with high school students. *Additional course fee: \$5*

Term	Days	Dates	Time	# Sessions	Location	Instructor
Feb.	M/W/F	2/1-2/27	9:30-10:30a	12	ACHS Pool	D. Davidson
Mar.	M/W/F	3/1-3/31	9:30-10:30a	11*	ACHS Pool	D. Davidson
Apr.	M/W/F	4/3-4/28	9:30-10:30a	11*	ACHS Pool	D. Davidson

* No class 3/13, 3/15, or 3/17 for Spring Break; 4/7 for Good Friday

Breathing for The Fun of It

Breathwork makes everything better. Becoming more aware of your breathing can have a positive impact on your health through conscious breathing. Learn how breathing can regulate and calm your nervous system. Participants will need to be able to lay on the floor and safely get back up. Please bring support for your neck and knees (ie: a small pillow or towel) and a yoga mat if you have one.

Term	Days	Dates	Time	# Sessions	Location	Instructor
Mar.	M	3/6	2:15-3:15p	1	Brown Center 203	D. Fry

Energy Movement & Breathwork

This class is designed to increasing the range of motion in joints and to decrease risk for injury. The class motto is motion is lotion. Sessions will combine physical and mental techniques to promote moving and feeling better. This class combines both sitting and standing postures with the ability to customize to your needs. Increase your energy, decrease pain, and have fun through spinal movement and breathing.

Term	Days	Dates	Time	# Sessions	Location	Instructor
Feb.	M	2/6-2/27	1:30-2:15p	4	Brown Center 203	D. Fry

Food for 1 or 2: Soups & Entrees

Learn strategies for shopping and prepping easy, healthy options for small households that won't break the budget. February's class topic is soup, and March will feature frozen entrees.

Term	Days	Dates	Time	# Sessions	Location	Instructor
Feb & Mar.	Th	2/23 & 3/23	2:00-3:00p	2	Webb Brown 205	B. Reid

ARK CITY CLASSES

Functional Exercise

This fun class uses guided exercises to improve joint mobility and stability, muscular endurance and strength, & balance and coordination. Light weights and elastic resistance bands will be incorporated.

Term	Days	Dates	Time	# Sessions	Location	Instructor
Feb.	T/Th	2/2-2/28	10:30-11:30a	8	Wellness Center	A. Major
Mar.	T/Th	3/2-3/30	10:30-11:30a	8	Wellness Center	A. Major
Apr.	T/Th	4/4-4/27	10:30-11:30a	8	Wellness Center	A. Major

Line Dancing

Learn 10+ line dances, including the Southside Shuffle, Born to Boogie, Twister, and more. As the class progresses, prior dances will be reviewed as new ones are learned.

Term	Days	Dates	Time	# Sessions	Location	Instructor
Feb.	M	2/6-2/27	10:45-11:45a	4	Wellness Center	D. Holman
Mar.	M	3/6-3/27	10:45-11:45a	4	Wellness Center	D. Holman
Apr.	M	4/3-4/24	10:45-11:45a	4	Wellness Center	D. Holman

Stay Strong, Stay Healthy

In partnership with K-State Research and Extension Cowley County, Stay Strong, Stay Healthy is an evidence-based, eight-week exercise program. Instructor Becky Reid provides guidance for using hand weights and adjustable ankle weights for specific exercises designed to help participants live healthier. Participants will gain strength and confidence through the class. *Additional course fee: \$15*

Term	Days	Dates	Time	# Sessions	Location	Instructor
Mar.-May	M/W	3/6-5/3	11:15a-12:15p	16*	Brown Center 203	B. Reid

* No class 3/15 for Spring Break

EDUCATION

Flag Etiquette

You may already know that the United States flag has 50 stars for 50 states, but there is so much more history behind this American emblem. In this interactive class, participants will learn about the US Flag Code including flag etiquette, history, and raising and lowering the flag. The second session will continue this info, but with an emphasis on the proper method to fold the United States flag.

Term	Days	Dates	Time	# Sessions	Location	Instructor
Feb.	T	2/21-2/28	2:00-3:30p	2	Webb Brown 205	R. Herndon

Fashion an Easier Lifestyle

Fashion an easier lifestyle with assistive technology. In this class, Becky Reid, of K-State Research and Extension Cowley County, will share about various products that help all people with mobility and independence.

Term	Days	Dates	Time	# Sessions	Location	Instructor
Mar.	T	3/7	2:00-3:00p	1	Webb-Brown 103	B. Reid

The Naturalist Series: Backyard Birds

In collaboration with the Chaplin Nature Center, this is the final program in a series focusing on nature. Participants will learn how to identify the common birds found at your backyard feeder. Class will meet at a local bird observation area (address provided upon enrollment) for an indoor presentation followed by bird viewing. Binoculars will be helpful, but loaner pairs will be available.

Term	Days	Dates	Time	# Sessions	Location	Instructor
Mar.	T	3/21	10:00a-12:00p	1	See above.	S. Silliman & R. Herndon

ARK CITY CLASSES

Cowley County History

Cowley County has a rich history, and this class will explore just that! Meeting in Winfield at the Cowley County Historical Society Museum, participants will get to check out the museum and hear a presentation on county history. Class meets at the museum: 1011 Mansfield St. in Winfield, KS.

Term	Days	Dates	Time	# Sessions	Location	Instructor
Mar.	F	3/24	1:30-3:30p	1	See above.	Museum Staff

AARP: Driver Safety

The AARP Smart Driver Course teaches valuable defensive driving strategies and provides a refresher of the rules of the road. This course is the nation's largest driver safety course and designed specifically for drivers age 50 and older. Bonus: Some Kansas insurance companies give a discount for completing the course. *Additional Course Fee to be paid at class: \$20 for AARP members & \$25 for non-members. United Healthcare members have no additional fee.*

Term	Days	Dates	Time	# Sessions	Location	Instructor
Mar.	F	3/31	1:00-5:00p	1	Webb-Brown 205	R. Upton

Cyber Cafe: Smart Phones & Tablets

Whitley Stokes, Marketing Director of Arkansas City Presbyterian Manor, will host this class on smart phones and tablets. It will cover how to use various basic apps, settings, and safety when operating your device. There will be a Q and A at the end of the presentation. Due to popularity, this class will be offered twice. The sessions will be identical. Please only sign up for one.

Term	Days	Dates	Time	# Sessions	Location	Instructor
Apr.	W	4/20	1:00-2:30p	1	AC Presbyterian Manor Clubroom	W. Stokes
Apr.	W	4/20	3:00-4:30p	1	AC Presbyterian Manor Clubroom	W. Stokes

ARTS & CRAFTS

Quilled Monogram Wall Hangings

Learn the basics of quilling techniques while creating a beautiful sunflower wall hanging. No previous experience required. Additional class available if this session fills. *Additional course fee: \$15*

Term	Days	Dates	Time	# Sessions	Location	Instructor
Feb.	W	2/15	2:00-3:00p	1	Webb-Brown 207	E. Mallory

DIY: Painted Mason Jar

In hopes of ushering in an early spring, we'll be creating a piece of spring themed décor. For this DIY, we'll paint glass canning jars with festive flowers. *Additional course fee: \$5*

Term	Days	Dates	Time	# Sessions	Location	Instructor
Feb.	M	2/6	6:00-8:00p	1	Webb-Brown 207	B. Waldorf

Post-It Note Origami

Learn how to do something different with those stacks of post-it note cubes you have at home! This class will explore basic origami designs and then use those creations to create greeting cards. No previous experience needed. Additional class available if this session fills. *Additional course fee: \$8*

Term	Days	Dates	Time	# Sessions	Location	Instructor
Mar.	W	3/22	2:00-3:00p	1	Webb-Brown 207	E. Mallory

DIY: Macramé Plant Hanger

Come learn basic knotting techniques to create a macramé plant hanger. No experience needed in this fun and interactive class. *Additional course fee: \$5*

Term	Days	Dates	Time	# Sessions	Location	Instructor
Apr.	M	4/24	6:00-8:00p	1	Webb-Brown 207	B. Waldorf

ARK CITY CLASSES

Paper Iris Folding Techniques

Learn how easy and fun iris folding can be! In class, we'll take strips of paper and make beautiful designs. They're perfect for creating unique and special greeting cards. No previous experience required. Additional class available if this session fills. *Additional course fee: \$8*

Term	Days	Dates	Time	# Sessions	Location	Instructor
Apr.	W	4/19	2:00-3:00p	1	Webb-Brown 207	E. Mallory

Fused Glass Sun Catchers

Glass fusing is the joining together of glass at high temperatures. Students will make sun catchers using fused glass methods as demonstrated by the instructor. Class time will be used to create, the instructor will fire the glass in an off site kiln, and sun catchers will be available at a determined later date to pick up in Micah's office. *Additional course fee: \$30*

Term	Days	Dates	Time	# Sessions	Location	Instructor
Apr.	T	4/11	5:00-7:00p	1	Galle Johnson 101	R. Van Arsdale

QUILTING

All Cowley County sewing and quilting classes are hosted by Field to Fabric and will be hosted on location at the shop at 907 Main St. in Winfield, KS.

T-Shirt Quilt

Perfect for commemorating a season of life (ie: graduation), a t-shirt quilt is a fun way to transform ordinary shirts into a quilt. Sewing machine needed, but no quilting experience required. Full supply list available at enrollment. Additional class available if this session fills. *Additional course fee: \$15*

Term	Days	Dates	Time	# Sessions	Location	Instructor
Mar.	Th	3/16	3:00-7:00p	1	Field to Fabric	Field to Fabric

Jelly Roll Quilt

In this case, a jelly roll is not a donut. This quilt will be made of pre-cut, jelly roll fabric strips in the basket case pattern. Sewing machine needed, but no quilting experience required. Full supply list available at enrollment. Additional class available if this session fills. *Additional course fee: \$15*

Term	Days	Dates	Time	# Sessions	Location	Instructor
Apr.	Th	4/27	3:00-7:00p	1	Field to Fabric	Field to Fabric

SPECIAL INTEREST HOBBIES

Woodcarving

Amateur and advanced woodcarvers welcome! Participants will learn basic wood carving techniques, safety precautions, and proper use of tools. By the end of the class, you'll have a completed basic woodcarving project.

Term	Days	Dates	Time	# Sessions	Location	Instructor
Apr.	T	4/4-4/25	1:00-3:00p	4	Cherokee Strip Museum	TBD

Art Exploration: Learn to Throw on the Potter's Wheel

Join community members and non-art majoring college students in this dual listed pottery adventure. This class is designed to present basic techniques and allow participants to gain experience in making ceramic pottery forms using the potter's wheel. The additional course fee will cover all materials needed for the course. Please note the time change. *Additional course fee: \$50*

Term	Days	Dates	Time	# Sessions	Location	Instructor
Feb. & Mar.	T	2/14-3/21	2:00-4:30p	6	Kerr Tech 112	S. Roeder
Mar. & May	T	3/28-5/2	2:00-4:30p	6	Kerr Tech 112	S. Roeder

ARK CITY CLASSES

Oil Painting

Join both art and non-art majoring college students in this dual listed oil painting class. This class will have time for both instruction and one-on-one coaching. The additional course fee will cover all materials needed for the course. *Additional course fee: \$35*

Term	Days	Dates	Time	# Sessions	Location	Instructor
Feb. & Mar.	T/Th	2/14-3/23	9:30a-12:20p	6	Kerr Tech 106	M. Flickinger
Mar. - May	T/Th	3/28-5/4	9:30a-12:20p	6	Kerr Tech 106	M. Flickinger

EXPANDING HORIZONS

Book Club Discussion: Orphan Train

It's a Golden Tigers book club! Is your interest piqued by our Concordia Day Trip? Join this "Book Club" independent of going on the day trip or in conjunction with it, and learn more about the orphan train movement through a fictional novel. We'll be reading Orphan Train by Christina Baker Kline, and it will be available for checkout at Cowley's Renn Memorial Library starting March 1st. Check it out at your convenience, and come ready to discuss, listen, or just have some snacks!

Term	Days	Dates	Time	# Sessions	Location	Instructor
Apr.	T	4/4	2:00-3:30p	1	Nelson Student Ctr	M. Fry

Windowsill Herb Garden

It's spring time and fresh herbs are a great way to add flavor to any dish. In this class, come make your own windowsill herb garden. Instruction by Cowley County Extension Master Gardeners. *Additional course fee: \$10*

Term	Days	Dates	Time	# Sessions	Location	Instructor
Apr.	Th	4/13	2:00-3:00p	1	Webb-Brown 102	B. Reid & friends

The Spice Spotlight

Each week, come learn about a different spice. We'll cover how it gets from a plant in a field/forest to your kitchen and sample it in a special treat. Additionally, you'll get a sample of the spice and a list of recipes to try out at home. This class is inspired by the Spice of the Month program and presented in collaboration with the Ark City Public Library. Please note: the 2 pm session will be a repeat of last fall's popular spices, and the 3pm session will be all new spices. If you wanted to catch this class in the fall but couldn't, be sure to sign up for the 2pm class.

Term	Days	Dates	Time	# Sessions	Location	Instructor
Feb.	W	2/1-2/22	2:00-2:45p	4	Webb-Brown 206	M. Fry
Feb.	W	2/1-2/22	3:00-3:45p	4	Webb-Brown 206	M. Fry

Around the World in 30 Days

In collaboration with the Cowley College International Student Organization, this class will be led by college students from around the world. Each week, we'll meet a new set of students from a new country. They'll share a presentation about their country and its culture, a few tidbits and important words/phrases from their language, and share some kind of cultural experience with all of us (this is TBD, but might include trying a new food or learning a dance step).

Term	Days	Dates	Time	# Sessions	Location	Instructor
Mar.	M	3/6-4/3	1:00-2:00p	4*	Webb-Brown 207	M. Fry

* No class 3/13 for Spring Break; Note: to make up, this class will have one meeting day in April (4/3).

TURN PAGE FOR SUMNER COUNTY CLASSES



WELLINGTON CLASSES

SUMNER CAMPUS: EDUCATION

AARP: Driver Safety

The AARP Smart Driver Course teaches valuable defensive driving strategies and provides a refresher of the rules of the road. This course is the nation's largest driver safety course and designed specifically for drivers age 50 and older. Bonus: Some Kansas insurance companies give a discount for completing the course. *Additional Course Fee to be paid at class: \$20 for AARP members & \$25 for non-members. United Healthcare members have no additional fee.*

Term	Days	Dates	Time	# Sessions	Location	Instructor
Apr.	F	4/7	1:00-5:00p	1	Short Community Rm	R. Upton

Drury Kansas & The Great Drury Flood of 1923

Join the Chisholm Trail Museum for an exciting look at the history of Drury, Kansas. Drury is now an unincorporated community located between South Haven and Caldwell. But, it once was much more. We'll look back in time at the building of the Drury Dam and Mill and the building of the Drury resort hotel. At this time, Drury enjoyed its glory years as a resort destination until the great flood of 1923. In this class, we'll cover the flood, its devastation, and the town recovery and history after the flood. The first session will be held at Cowley's Short Education Center room 206, and the second session will be at the Museum - 502 N. Washington Ave.

Term	Days	Dates	Time	# Sessions	Location	Instructor
Apr.	T	4/18-4/25	2:00-3:00p	2	See note above	J. Bales

SUMNER CAMPUS: ARTS & CRAFTS

Quilled Monogram Wall Hanging

Learn the basics of quilling techniques while creating a beautiful sunflower wall hanging. No previous experience required. *Additional course fee: \$15*

Term	Days	Dates	Time	# Sessions	Location	Instructor
Feb.	W	2/1	2:00-3:00p	1	Short Ed Center Rm 206	E. Mallory

Post-It Note Origami

Learn how to do something different with those stacks of post-it note cubes you have at home! This class will explore basic origami designs and then use those creations to create greeting cards. No previous experience needed. *Additional course fee: \$8*

Term	Days	Dates	Time	# Sessions	Location	Instructor
Mar.	W	3/1	2:00-3:00p	1	Short Ed Center Rm 206	E. Mallory

Paper Iris Folding Techniques

Learn how easy and fun iris folding can be! In class, we'll take strips of paper and make beautiful designs. They're perfect for creating unique and special greeting cards. No previous experience required. *Additional course fee: \$8*

Term	Days	Dates	Time	# Sessions	Location	Instructor
Apr.	W	4/5	2:00-3:00p	1	Short Ed Center Rm 206	E. Mallory

WELLINGTON CLASSES

SUMNER CAMPUS: SEWING & QUILTING

All Sumner campus sewing and quilting classes are hosted by Beehive Quilt Shop and will be held in their Beehive Brother Classroom located at 120 N. Washington Ave. in Wellington, KS.

Adding Texture to Pillows with Chenille-It

Learn how to add extra pizzazz to pillow tops and fabric by adding Chenille-it and PomPom Trim. During class, make the top of a 20" x 20" pillow and add fun embellishments. Please bring your own sewing machine with open toe feet or with a walking foot. Machines are available for rent on site, but must be reserved prior to class. A supply and notion list will be provided by Beehive prior to the class, but you can estimate approximately \$30 in class supplies and an *additional class fee of \$10* to be paid to Beehive at the start of the class.

Term	Days	Dates	Time	# Sessions	Location	Instructor
Feb.	T	2/28	1:00-4:00p	1	Beehive Brother Classroom	Beehive Staff

Sew Green! Learn How to Make Reusable Food Storage

Come learn how to use laminated cotton to make replacements for single use plastic (bowl covers, reusable snack bags, sandwich wraps, etc.) using the free pattern from All People Quilt Magazine. A supply and notion list will be provided by Beehive prior to the class, but you can estimate approximately \$20-30 in class supplies and an *additional class fee of \$10* to be paid to Beehive at the start of the class.

Term	Days	Dates	Time	# Sessions	Location	Instructor
Mar.	T	3/28	1:00-4:00p	1	Beehive Brother Classroom	Beehive Staff

Machine Embroidery Zipper Pouch

Learn how to make to custom gifts with an embroidery machine. In this class, choose from an apron or a zipper pouch. Machines and thread provided. There won't be a supply list for this class as kits that include everything you'll need will be available for purchase the day of class for \$20. There will also be an *additional class fee of \$10* to be paid to Beehive at the start of the class.

Term	Days	Dates	Time	# Sessions	Location	Instructor
Apr.	T	4/25	1:00-4:00p	1	Beehive Brother Classroom	Beehive Staff

SUMNER CAMPUS: COMPUTERS & TECH

Basic Computers: Windows 10

Participants will learn the basics of Windows 10 including basic utilities, customization, shortcut keys, mouse interactions, and the exchange of information between applications. Please bring a laptop with Windows 10 installed.

Term	Days	Dates	Time	# Sessions	Location	Instructor
Apr.	T/Th	4/4-4/13	4:00-5:00p	4	Tech & Innov Ctr Rm 106	D. Hays

COWLEY COLLEGE GOLDEN TIGERS

Hello Spring Semester!

**Cowley College
Golden Tigers
125 S. 2nd Street
Arkansas City, KS 67005**

