

Board Policies

STUDENTS

471.00 HEALTH AND WELLNESS SERVICES

Health and Wellness Services are designed to assist students and staff in matters of health and wellness. The goals of Cowley College Health and Wellness Services are established in accordance with the American College Health Association (ACHA) and are as follows:

1. Promotion and maintenance of those conditions which will permit and encourage each individual to realize their optimum physical, emotional, intellectual, social, occupational, and spiritual wellness.
2. Provide holistic advocacy of those factors in the campus community and its environment which may comprise well-being.
3. Elevate the visibility of health and wellness programs and their impact on student retention.
4. Collaborate with campus partners and external organizations to champion health initiatives as core drivers of student success.
5. Guidance of individuals toward the active incorporation of wellness as a positive value in life.
6. Encourage individuals to make healthy decisions and choices concerning lifestyles and behaviors.

Adopted August 14, 1989

Reviewed July 21, 2003

Revised August 10, 2020

Revised October 19, 2026